

APRIL 13th – 15th, 2018
RBC CONVENTION CENTRE



REGISTER ONLINE TODAY!

WWW.PHARMACISTSMB.CA

13.5 CEUs

ACCREDITATION NUMBER OF 18007M

PHARMACISTS MANITOBA CONFERENCE

FRIDAY APRIL 13th

1:00 pm

STUDENT PREPARATION SESSION RBC CONVENTION CENTRE

This session is designed for 3rd and 4th Year Pharmacy Students and International Pharmacy Graduates who are entering the profession of pharmacy. Students will be given mock scenarios with pharmacists as the patients. Come and interact with licensed pharmacists and receive tips to help you prepare for exams.

Thank you to Shoppers Drug Mart and Loblaws for their support of this event.

6:00 pm

PHARMACISTS MANITOBA AWARDS DINNER FORT GARRY HOTEL - INVITATION ONLY

We are excited to announce our new Awards Dinner for the 2018 Conference. Award winners and their families will be invited to the Hotel Fort Garry for an awards dinner to acknowledge their accomplishments in pharmacy on Friday, April 13th. Awards will be presented at the invitation only event.

7:30 pm

WELCOME RECEPTION FORT GARRY HOTEL

For the Welcome Reception following the Awards Dinner, we will celebrate Friday the 13th in style with ghost tours of the hotel, live music and tarot card and tea leaf readers. This is a perfect opportunity to meet and mingle with members of your profession in a fun and lively environment. A complimentary beverage and hor d'oeuvres will be provided for all delegates.

Sponsored by Loblaw/Shoppers Drug Mart



PHARMACISTS MANITOBA CONFERENCE

SATURDAY APRIL 14th

8:15 am

HOT BUFFET BREAKFAST

8:30 am


SESSION A

SHINGLES VACCINES IN CANADA: WHAT DOES THE EVIDENCE TELL US?

Tim Hilderman, MD FRCPC, Medical Lead, Vaccines at Manitoba Health, Medical Officer of Health, Interlake Eastern Regional Health Authority, Medical Director of Interlake Eastern Travel Health Services and Assistant Professor, Faculty of Health Sciences, University of Manitoba

In late 2017, Health Canada's Biologics and Genetic Therapies Directorate approved a new Herpes Zoster vaccine (non-live recombinant, AS01B adjuvanted) for the prevention of Shingles. This first in world license gave Canadian immunization providers and their patients an alternative to the previously approved live, attenuated Herpes Zoster vaccine.

As expected, there are pros and cons associated with each vaccine and this creates an interesting challenge for providers in terms of recommendations to clients. The natural history and epidemiology of reactivated varicella infection and its complications will be reviewed and the evidence around the safety and effectiveness of the two approved vaccines will be explored with a view to giving providers an approach to Herpes Zoster vaccines in day to day practice.

This session has received an Independent Education Grant from GSK  GSK

9:00 am

SESSION B

PHARMACOLOGIC MANAGEMENT OF HYPERTENSION: UPDATES FROM THE HYPERTENSION CANADA CONSENSUS GUIDELINES

Jonathan Gabor MSc MD FRCPC SCH, Concordia Hospital & Selkirk Regional Health Centre, Medical Lead, Internal Medicine and Cardiology, Interlake-Eastern Regional Health Authority

This presentation will outline the most current guidelines from Hypertension Canada regarding the management of hypertension. Common drug classes, agents, and combinations will be reviewed, and attention will be focused on evidence-based recommendations and cardiovascular benefits. Emphasis will be given to clinical scenarios and pharmacotherapeutic principles of relevance to a pharmacy audience, as well as practical strategies for managing both common and uncommon challenges.

BIG AND SMALL: NUTRIENT DEFICIENCIES OF ANEMIA

Jennifer Gibson BSP, ACPR, CDE, EPPh, Extended Practice Pharmacist/Certified Diabetes Educator, My Health Team - St. James / Assiniboine South

Anemia impacts over 30% of the population and is commonly associated with deficiencies in iron, vitamin B12 or folic acid. This talk will review the typical presentation of a person with anemia, laboratory values used to guide therapy, and the use of nutrient supplements to treat the deficiency.

FINDING TOO MANY NEEDLES IN A HAYSTACK: DRUG USE DURING PREGNANCY, THE CASE OF ANTIDEPRESSANTS AND AUTISM

I fan Kuo, BSc. (Pharm), ACPR, M.Sc., PharmD., College of Pharmacy at the University of Manitoba

Amani Hamad, BSc. (Pharm), M.Sc. (Pharm), PhD candidate, College of Pharmacy at the University of Manitoba

Recent observational studies reported an increased risk of autism spectrum disorders with prenatal antidepressants exposure. This presentation will assess findings from these studies and provide applicable recommendations.

11:00 am

SESSION C

EXPECTATIONS AND REALITIES: DIRECTLY APPLYING THE EVIDENCE FOR TOPICAL PAIN TREATMENTS

Jamie Falk BSc. (Pharm), PharmD, Assistant Professor at the College of Pharmacy, University of Manitoba

Despite a wide variety of treatment options for chronic pain, most are associated with modest reductions in pain and inconsistent functional improvements. This is weighed against notable adverse events associated with systemic therapies. In this session we'll explore the current literature with respect to potential benefits, harms, and costs of topical agents used alone and in combination for the treatment of a variety of pain conditions.

MEDICATION RECONCILIATION, PRESENT AND FUTURE

Kyle MacNair, BSc. (Pharm), ACPR Regional Director of Pharmacy Southern Health-Sante Sud

This presentation will provide a current state of admission and discharge medication reconciliation practices within the five regional health authorities in Manitoba. It will discuss the strengths and weaknesses of current practice and what changes in practices are anticipated with the introduction of electronic prescribing.

12:00 pm

PHARMACISTS MANITOBA ANNUAL GENERAL MEETING AND LUNCHEON

1:00 pm

SESSION D

SAFETY IQ: A COMMUNITY PERSPECTIVE

Doug Thidrickson, BSc. (Pharm), CTH, Store Manager, Ashern Pharmacy

This presentation describes the components of Safety IQ including incident reporting and analysis, medication safety self-assessment and continuous quality improvement. The Safety IQ community experience will be shared with participants including the challenges and tools to overcome these challenges. Finally, there will be an interactive opportunity to apply these tools to real life scenarios. Participants will be able to more confidently incorporate the components of Safety IQ into their daily practice to improve patient safety.



THE PHARMACIST'S ROLE IN MANAGING PAIN IN AN ERA OF OPIOID AVOIDANCE

Philip Emberley, BSc. (Pharm), MBA, PharmD, Director, Practice Advancement and Research, Canadian Pharmacists Association

Pharmacists have an intrinsic role to play in supporting their patients who present with either acute or chronic pain. In an era when the risks of opioid treatment are seemingly ubiquitous, pharmacists must help their patients effectively manage their pain, while preventing them from these risks. More specifically, pharmacists are now being called on to question the necessity of starting a patient on an opioid (and suggest alternatives if appropriate) and to help patients withdraw from opioid therapy when the risks outweigh the benefits. This session will take an evidence-based approach to therapeutic decision making and suggest strategies to working collaboratively with patients and prescribers in minimizing the risk to patients, while effectively supporting optimal pain management.

Sponsored by the Canadian Pharmacists Association



CANADIAN
PHARMACISTS
ASSOCIATION

ASSOCIATION DES
PHARMACIENS
DU CANADA

2:30 pm

REFRESHMENT BREAK WITH EXHIBITORS & POSTER PRESENTATION

3:00 pm

SESSION E

P-GLYCOPROTEIN DRUG INTERACTIONS WITH QT PROLONGING MEDICATIONS

Mark Friesen, BSc. (Pharm), MSc, PharmD, Intensive Care Unit Grace Hospital

In this session we will review the mechanisms, risk factors, clinical significance, and monitoring of P-glycoprotein drug interactions with QT prolonging medications.

4:00 pm

SESSION F

INNOVATIVE SPOTLIGHT: A HEALTH CARE TEAM

Lengim Ingram, BSc. (Pharm), CDE

Lengim Ingram graduated from the Faculty of Pharmacy at the University of Manitoba in 1990 and has worked in rural retail pharmacy, large chain pharmacy in Winnipeg, as well as guest lecturing at the College of Pharmacy and being a preceptor for pharmacy students and technicians.



In addition to being a CDE, she has taken advance training in smoking cessation, injections, obesity management and geriatric care, and has given many presentations to healthcare professionals and the public. She was awarded the Pharmacist Manitoba Blando Group Patient Choice Award, SDM Best Practice Pharmacist, and SDM Pharmacist of the Year.

Lengim currently works as a pharmacist diabetes educator in two endocrinology offices and several GP's offices in Winnipeg and does relief work in retail pharmacies when time permits.

Lengim will be discussing how she came to work in endocrinology and general practitioner's offices and her role as a pharmacist in these health care teams.

EMBRACING OBSTACLES TO INNOVATION: A SHORT HISTORY ON THE IMPLEMENTATION OF EXTENDED PRACTICE PHARMACY IN LONG TERM CARE

Mark Mercure, BSc. (Pharm), B.C.G.P., EPPh., Manager, Pharma-Medic Services

Mark is originally from Fort Frances, Ontario. Go Muskies! He completed his bachelor's degree in pharmacy from the University of Manitoba in 2006. After graduating, he was tricked by Shoppers Drug Mart into taking a job in Dryden, Ontario, the sworn enemy of the people of Fort Frances.

Mark obtained his Certification as a Geriatric Pharmacist from the CCGP. In 2013, Mark became the pharmacy manager of Pharma-Medic Services, a consulting pharmacy which serviced five personal care homes in Brandon.

With the introduction of the new Pharmaceutical Act in 2014, Mark was able to obtain his designation as an extended practice pharmacist with a specialty in Geriatric Pharmacy.

Mark will be speaking about his attempts to bring extended practice pharmacists into the world of long term care in, and about the successes and failures encountered along the way.

5:00 pm

EXHIBITORS NETWORKING BUFFET DINNER & POSTER PRESENTATION

Please join us immediately following the continuing education sessions for a bite to eat and a chance to meet with our greatest supporters! Relax and enjoy the good food and great company before heading home.



PHARMACISTS MANITOBA CONFERENCE

SUNDAY APRIL 15th

8:15 am **BUFFET BREAKFAST**

8:45 am **SESSION G**

THE CHANGING PHARMACY CURRICULUM: WHAT THE FUTURE HOLDS

Lalitha Raman-Wilms, BSc. (Pharm), ACPR, PharmD, FCSHP, Dean, College of Pharmacy, Rady Faculty of Health Sciences, University of Manitoba

This session will highlight the changes in the new curriculum, what we can expect PharmD graduates to deliver, and opportunities for pharmacists in Manitoba to enhance their practice through preceptorship. The session will also focus on the importance of professional experience and experiential education, as well as how we can work together to best prepare pharmacists for an evolving practice.

9:45 am **SESSION H**

INCONTINENCE - LEAK THE PROPER INFORMATION TO REGAIN CONTROL

Kelli Berzuk, BA, BMR-PT, MSC, PhD, Nova Physiotherapy, Incontinence & Pelvic Pain Clinic

Urinary and fecal incontinence can be devastating to those experiencing it as well as family and loved ones. While much can be done to prevent, improve and even resolve incontinence, research shows that people often suffer silently and needlessly since they are afraid to talk about their symptoms due to embarrassment and the fallacy that nothing can be done to help. Pharmacists have a unique opportunity to broach this sensitive topic, enlighten patients to ways they may help themselves and to medical treatment options available, thereby changing the trajectory of this dysfunction and quality of life. This presentation aims to raise awareness to the challenges people face when experiencing incontinence, the role of the pelvic floor muscle in bladder and bowel function and the importance of keeping this area healthy.

10:45 am **REFRESHMENT BREAK SPONSORED BY CPBA**



11:00 am **SESSION I**

RAINBOWS AND REMEDIES: A PHARMACIST'S ROLE ON LGBTTQ

Roger Tam, BSc. (Pharm), Our Own Health Centre

The objective of the presentation is to inform pharmacists about how to provide culturally appropriate care for the LGBTTQ community.



REVIEWING THE “BUDDING” EVIDENCE - A PRIMER FOR PHARMACISTS TO UNDERSTAND AND APPLY KNOWLEDGE BEHIND THE EFFICACY AND SAFETY OF CANNABIS AS A THERAPEUTIC OPTION FOR PATIENTS

Shelita Dattani, BSc. (Pharm), PharmD, Director, Practice Development and Knowledge Translation, Canadian Pharmacists Association

Pharmacists are highly accessible health care providers who have trusted relationships with patients. As more patients are prescribed medical cannabis for a number of conditions, pharmacists are increasingly approached by patients and other health care providers to provide support and guidance around the efficacy and safety of this complex therapeutic entity.

This session will give pharmacists some foundational knowledge with respect to the pharmacology and therapeutics behind cannabis and cannabinoids. The availability of prescription cannabinoids and medical cannabis in Canada will be discussed as well as known information behind dosing, routes of administration, safety and drug interactions. A brief overview of available evidence behind both prescription cannabinoids and medical cannabis in Canada will be reviewed.

Sponsored by the Canadian Pharmacists Association



CANADIAN
PHARMACISTS
ASSOCIATION

ASSOCIATION DES
PHARMACIENS
DU CANADA

SESSION K

URINARY TRACT INFECTIONS: CYSTITIS AND PYELONEPHRITIS

Olena Serwylo, BSc. (Pharm), PharmD

Case based review of cystitis and pyelonephritis with a focus on signs and symptoms of infection, diagnosis, and empiric and culture specific treatment options.

BARIATRIC SURGERY IN MANITOBA: WHAT PHARMACISTS NEED TO KNOW

Jaclyn Deonaraine, BSc. (Pharm), ACPR, Victoria General Hospital

Andrea Rodrigue, Registered Dietitian, Manager, Centre for Metabolic and Bariatric Surgery, Victoria General Hospital and Manager, Diabetes Education Centre & Clinical Nutrition Site Leader, Victoria General

Since 2010 over 1000 patients have completed bariatric surgery in Manitoba. As this population continues to grow, pharmacists will play a key role in providing these patients with safe and effective medications, both pre-operatively and continuing post-operatively throughout their lifetimes. An overview of the Bariatric Surgery Program in Manitoba will be provided along with an in depth discussion surrounding drug related problems in this specialized population.



PREPARATION FOR COLONOSCOPY - THE PHARMACIST'S ROLE: IS IT JUST ABOUT DISCUSSING AND DISPENSING LAXATIVES?

Dr. Harminder Singh, MBBS, MD, MPH, FRCP(C), Gastroenterologist, Winnipeg Regional Health Authority, Associate Professor of Medicine, Departments of Internal Medicine and Community Health Sciences, Max Rady College of Medicine, Rady Faculty of Health Sciences, University of Manitoba, Adjunct Scientist, Research Institute in Oncology and Hematology (RIOH), CancerCare Manitoba

Peter Thomson, B.Sc.(Pharm), PharmD, Clinical Resource Pharmacist, WRHA, Clinical Associate Professor, School of Pharmacy, Rady Faculty of Health Sciences, U of M

Dr. John Walker, PhD, C. Psych., Clinical Psychologist, Professor, Department of Clinical Health Psychology, Max Rady College of Medicine, Rady Faculty of Health Sciences, U of M

Bowel preparation prior to colonoscopy is a stressful situation for many patients. The community pharmacist is in an opportune position to help ensure the patient slated to undergo the procedure is properly prepared both mentally and physically for the bowel preparation. This session will incorporate a team based approach to provide tools for the community pharmacist to utilize in their practice.

3:45 pm

CLOSING REMARKS



PHARMACISTS MANITOBA CONFERENCE

CONFERENCE REGISTRATION

FULL CONFERENCE REGISTRATION

- Welcome Reception on Friday, April 13th at the Fort Garry Hotel
- All continuing education sessions
- All breakfasts and lunches during the conference weekend
- Exhibitor Buffet Dinner on Saturday, April 14th at the Convention Centre

STUDENT FULL REGISTRATION

- Welcome Reception on Friday, April 13th at the Fort Garry Hotel
- All continuing education sessions
- All breakfasts and lunches during the conference weekend
- Exhibitor Buffet Dinner on Saturday, April 14th

STUDENT PREPARATION SESSION FOR 3RD & 4TH YEAR STUDENTS/IPG STUDENTS

- Lunch with the Pharmacists Manitoba Board of Directors at 12:00 pm
- Student Preparation Session on Friday, April 13th at 1:00 pm

FRIDAY WELCOME RECEPTION

- Welcome Reception on Friday, April 13th at the Fort Garry Hotel

SATURDAY DAY REGISTRATION

- All continuing education sessions on Saturday
- Breakfast and lunch on Saturday
- Exhibitor Buffet Dinner on Saturday, April 14th at the Convention Centre

SUNDAY DAY REGISTRATION

- All continuing education sessions on Sunday
- Breakfast and lunch on Sunday

[REGISTER HERE!](#)

PARKING AT THE RBC CONVENTION CENTRE

Parking is complimentary for Full Registrants on Saturday and Sunday as space allows at RBC Convention Centre parking lot.

PHARMACISTS MANITOBA CONFERENCE

SPONSOR 2018

DIAMOND SPONSORS

SHOPPERS
DRUG MART



Loblaws
pharmacy

GOLD SPONSORS

MLT AIKINS

WESTERN CANADA'S LAW FIRM

AstraZeneca



Bristol-Myers Squibb



Combining experience to expand possibilities

McKESSON

Empowering Healthcare



GlaxoSmithKline

SILVER SPONSORS

Ruban
INSURANCE BROKERS

SANOFI PASTEUR



Walmart
Save money. Live better.

Pharmacy
at **SAFeway**

Sobeys
Pharmacy

JAMP PHARMA
CORPORATION

PHARMASAVE