



FALL VIRTUAL CONFERENCE 2023



PHARMACISTS
MANITOBA
CONFERENCE

Sunday, October 15th, 2023

VIRTUAL PROGRAM

Welcome Remarks 10:20 am

**Tanjit Nagra, Pharmacists
Manitoba CEO**

**Heart Failure Clinical Practice
Guidelines Update** 10:30 am

**Right Patient, Right Time,
Right Glucose Sensor** 11:45 am
Sponsored by Dexcom

**Vaccinating to Prevent
Respiratory Infections in
Adults: Focus on RSV** 1:15 pm
Sponsored by GSK

**Emerging Therapeutic
Options: Opioid Use Disorder** 2:30 pm

Accreditation
Pending



HEART FAILURE CLINICAL PRACTICE GUIDELINES UPDATE

Learning Objectives:

1. Introduce recent Canadian Cardiovascular Society guidelines updates pertaining to heart failure pharmacotherapy.
2. Review pertinent details of selecting therapies from different medication classes.
3. Discuss treatment strategies for different heart failure phenotypes and severities.

Dr. Jonathan Gabor

Jonathan Gabor is an internist with post-graduate subspecialty expertise and training in cardiometabolic disease including heart failure, hypertension, atrial fibrillation, metabolic syndrome, dyslipidemia, metabolic dysfunction-associated steatotic liver disease, and obstructive sleep apnea.

He is board-certified in obesity from the American Board of Obesity Medicine, a Specialist in Clinical Hypertension from the American Society of Hypertension, a Specialist in Heart Failure from the European Society of Cardiology, and completed board certification training at the U.S. National Lipid Association. He is an author on the national hypertension guidelines and the recent CCS cardiorenal risk reduction guidelines.

He is passionate about knowledge dissemination and guideline development, speaking locally and nationally to diverse audiences of healthcare providers, and serving on subcommittees of the Canadian Heart Failure Society, the Canadian Cardiovascular Society, the U.S. National Lipid Association, the guidelines development committee of Hypertension Canada, and the scientific committee of Obesity Canada.



RIGHT PATIENT, RIGHT TIME, RIGHT GLUCOSE SENSOR

Applying a Clinical Consensus for Canadian Pharmacists in Real World Pharmacy Practice

Sponsored by Dexcom

Studies demonstrate that continuous glucose monitoring (CGM) can be used to improve glycemic management for people living with diabetes. CGM devices have been shown to reduce glycemic variability, improve A1C, increase time in range, and decrease the time spent in hypoglycemia compared with traditional capillary blood glucose monitoring.

This dynamic session will review how to practically apply the Diabetes Canada guidelines and a Clinical Consensus for Canadian Pharmacists on CGM in community pharmacy practice.

Using pharmacy team members, and within the pharmacy workflow, people with diabetes can be educated in the choice of a clinically appropriate glucose sensor and be onboarded for success.

Attendees will learn practical approaches to respond to and manage CGM data. Applying learnings from this session will enhance the care given by pharmacists to support self-management, ultimately improving health outcomes, of people living with diabetes in our communities.

By the end of this webinar, participants will be able to:

1. Practically apply the Diabetes Canada guidelines and a Clinical Consensus for Canadian Pharmacists on Continuous Glucose Monitoring in your community pharmacy practice
2. Within the pharmacy workflow and using pharmacy team members, educate people with diabetes in the choice of a clinically appropriate glucose sensor and appropriately onboard them for success
3. Demonstrate best practices to help individuals use continuous glucose monitoring to improve their self-management of diabetes

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RIGHT PATIENT, RIGHT TIME, RIGHT GLUCOSE SENSOR

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Susie Jin, RPh, CDE CRE
Pharmacist, CDE / Certified Fitter for
Compression Stockings

Susie is a pharmacist, Certified Diabetes Educator, Certified Fitter of Compression Therapy and Certified Respiratory Educator. Her professional experience includes supporting chronic disease management in a community pharmacy setting as well as in diabetes education programs and physician offices.

Susie is a chapter author, and a member of the Steering Committee for the Dissemination and Implementation Committee, of the Diabetes Canada Clinical Practice Guidelines; she has also co-authored Wounds Canada Best Practice Recommendations.

Susie is the 2020 Charles H. Best Award recipient, given to a healthcare professional who has made a significant difference across Canada towards improving the quality of life of individuals living with diabetes; and the 2021 Diabetes Canada Educator of the Year Award.

Susie credits her neighbours with getting her up each morning for a jog which continues to support Susie's journey in the prevention of type 2 diabetes. Although not fast, she has run 5 out of the 6 World Major Marathons, including New York, Chicago, Berlin, Tokyo & London

Tim Smith, BScPharm, CDE, CTE, PN1-NC (he/him), Health Transformation Coach, Simplicity Wellness, Pharmacy Practice Advisor, Pharmacists Manitoba

Tim Smith is a pharmacist and co-founder of Simplicity Wellness, a health coaching practice focused on improving sleep and metabolic health through lifestyle behaviours. A graduate of the University of Manitoba, Tim is a certified diabetes educator and tobacco educator with additional certifications in nutrition and behaviour change and opioid dependence treatment.

Licensed to practice in four provinces and territories and with director-level experience in pharmacy operations, Tim understands the pharmacy and healthcare landscape across Canada, particularly in rural and remote communities. In addition to his work with Simplicity Wellness, he is a former board member and Vice President of Pharmacists Manitoba and now serves as the organization's Pharmacy Practice Advisor. Tim is a passionate advocate for healthcare innovations that seek to improve patient outcomes as well as the fiscal sustainability of our healthcare system.



VACCINATING TO PREVENT RESPIRATORY INFECTIONS IN ADULTS: FOCUS ON RSV

Sponsored by GSK

Learning Objectives

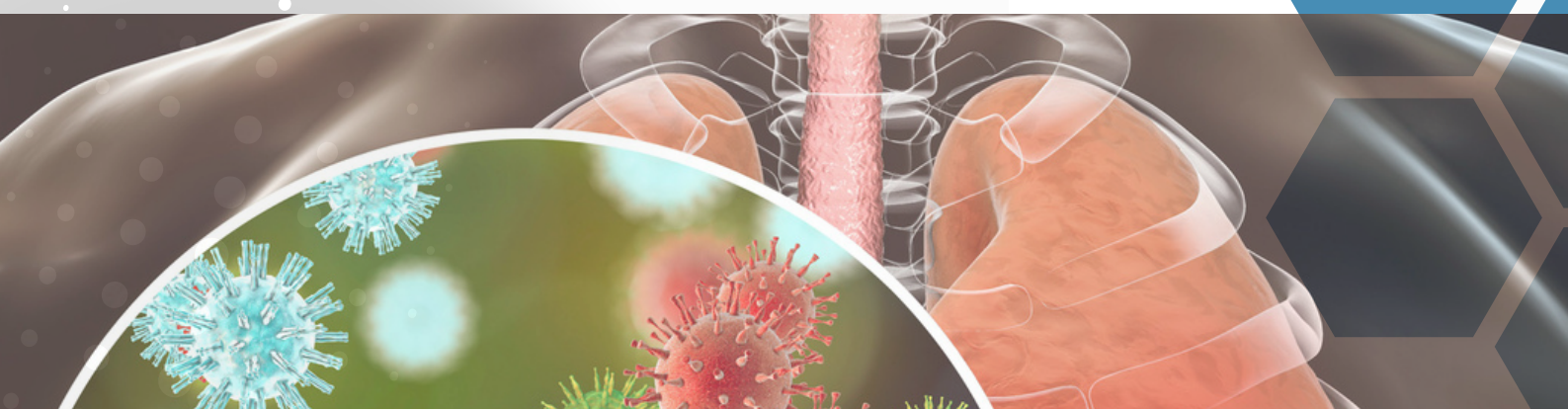
1. Update vaccination recommendations to prevent COVID-19, Influenza and Pneumococcal Infections
2. Review the biology, pathogenesis, diagnosis, signs and symptoms and treatments of Respiratory Syncytial Virus (RSV) in adults
3. Discuss new prevention strategies for RSV infections
4. Engrain key learnings using clinical cases

Dr. George Zhanel

Dr. George Zhanel is a microbiologist and pharmacologist who received his Ph.D. in the Department of Medical Microbiology/Infectious Diseases at the Faculty of Medicine, University of Manitoba, and a Doctor of Clinical Pharmacy (PharmD) at the University of Minnesota. He received a PharmD after graduating from the University of Manitoba with a Bachelor of Sciences in Pharmacy.

He is presently Professor and Associate Head in the Department of Medical Microbiology/Infectious Diseases, Max Rady College of Medicine, and Research Director of the Canadian Antimicrobial Resistance Alliance (CARA). Dr Zhanel is the founding and Chief Editor of the Canadian Antimicrobial Resistance Alliance (CARA).

Dr. Zhanel presented over 1200 lectures as an invited speaker at international, national, and local meetings speaking on the topics of antimicrobial-resistant infections as well as the treatment and prevention of infectious diseases.





EMERGING THERAPEUTIC OPTIONS

Opioid Use Disorder in Canada

Learning Objectives

Upon completion of this program, participants will be better able to:

1. Use current and emerging therapies to meet the clinical needs of patients with OUD
2. Put into context the importance of providing psychosocial care to patients with OUD
3. Adapt the approach to treatment for special populations

Matthew Manz, BScPharm

Matthew graduated from the University of Saskatchewan College of Pharmacy in 2010. He owns Medicine Shoppe 355 in Regina and his areas of interest include OAT, HIV, HCV.

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