

# ATTENTION

**To ensure the health and wellbeing of our patients we are seeking your help to reduce the risk of exposure to the COVID-19 virus and the flu.**

**Here are some ways you can help...**

- Practice good cough etiquette.
- Practice good hand hygiene by using alcohol-based hand rub or soap and water if hands are visibly soiled.
- Ask your doctor if they can fax, e-prescribe, or phone in your prescription.
- Use our automated phone system or mobile app (where available) to order prescription refills.
- Call us in advance of coming to the pharmacy if you have any symptoms of respiratory illness or have been in contact with someone who does.
- Arrange for your prescription to be picked up or delivered if you are not well.

We understand that this is a difficult time for many people and we are still here to help.

Please call us at:

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PHARMACISTS  
MANITOBA