Sheril Cyriac graduated from pharmacy school in India. She got her license in Canada in 2008 and started her career as a locum pharmacist for a year and then went on to work as the Manager for Rexall, Timmins from 2009 to 2012. In December 2012, she opened St Malo Pharmacy in St Malo, Manitoba with her husband and enjoys serving her community.

Sheril is a firm believer of lifelong learning and has received the Manitoba College of Pharmacists Commitment to Professional Development Certificate from 2013 to 2018. She is injection trained, can prescribe for minor ailments, is QUIT certified and can prescribe for smoking cessation. She is a certified diabetic educator and is currently pursuing her PharmD Program from the University of Toronto.