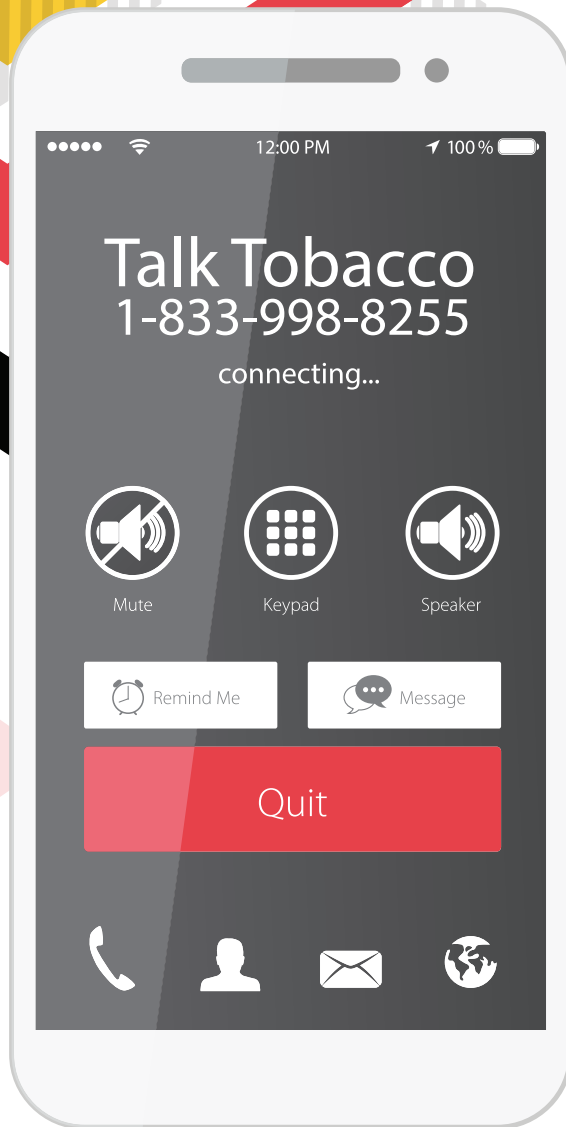


# talk tobacco

Indigenous Quit Smoking and  
Vaping Support



**Learn to cope**  
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withdrawal symptoms



**Culturally inclusive  
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Serving First Nation, Inuit, Métis  
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